



 **uniphar**

CROSS ATLANTIC CYCLE

Supporting Cross Charity and Cancer Research
at Trinity College Dublin and St James's Hospital

Galway Thurs 7th Sept

Lahinch Wed 6th Sept

Tralee Tues 5th Sept

Dingle Mon 4th Sept

Sneem Sun 3rd Sept



Join the Wallace Brothers and a host of International Rugby Legends

**Sunday 3rd - Thursday
7th September 2017**

2017 Itinerary

Join the Cross Atlantic Cycle and raise Funds for Cross Charity and
Cancer Research at Trinity College Dublin and St James's Hospital

2017 Itinerary

Early August

The first registration packs will be sent out in early August, packed full with the official 2017 Cross Atlantic cycling kit (bib shorts, jersey, cycling shower jacket and Legends jacket). And our sponsors will throw in a few goodies too!

29th August

All cyclists will receive a tour briefing document by post. This will include a packing checklist, an official Legends itinerary and your personal labels. We'll provide labels for your bike, helmet, luggage and kit laundry as well as a few spare ones just in case.

All labels will be printed with the purpose intended so there's no danger of the bike ending up in the laundry.

Friday 1st September

Bike Collections

All cyclists flying to Ireland to take part in the tour will receive free return airport transfers (bikes included). Just let us know your flight details and we'll look after the rest.

Dublin 07.30 - 11.00

Leopardstown Racecourse: Main Entrance, 1st carpark on the left.

Dublin 12.00 - 14.00

Cycle Superstore, 24 Airton Road, Tallaght (01 463 227)

Galway 09.00 - 10.00

Kearney Cycles, Terryland Retail Park (091 563 356)

Limerick 10.00 - 12.00

The Hub, Coonagh Cross, Ennis Road, Limerick (061 324 444)

Cork 15.00 - 17.00

The Edge Bike Shop, Kinsale Road, Cork (021 432 0522)

Notes: Bike Collection

1. We highly recommend that you book your bike in for a pre-tour service. If you leave it with one of our partner bike shops in advance of the collection date, we can pick it up directly and you can rest easy knowing that your bike is in good shape and on the way to your start point.

2. All bikes must be labelled with the bike label you receive in the post. Please attach your label to the crossbar (next to the handlebars) before you drop it off for collection.

2017 Itinerary

Sunday 3rd September - Stage 1. Sneem

[View Stage 1](#)

Sneem Loop via Moll's Gap

Transfers to Sneem

Dublin	06.30: Departure Red Cow Hotel
Galway	07.00: Departure Bank of Ireland Eyre Square
Limerick	08.30: Departure Clarion Hotel, Steamboat Quay
Cork	08.30: Departure Rochestown Park Hotel, Rochestown Road

Sneem Hotel, Sneem, Co. Kerry

11.00 – 12.00	All transfers arrive at the Sneem Hotel Light Lunch on arrival (Soup Sandwiches, tea/coffee and cake) Cyclists will tog out after lunch. Hotel rooms will not be available for check in so cyclists will use the designated changing rooms to tog out Welcome from Paul Wallace, Rugby Legend and Patron of Cross Charity Pre Tour Briefing from Michael O'Boyle, Tour Director
13.30	Depart Sneem Hotel, Sneem Loop via Molls Gap
17.00	Post cycle check-in at Sneem Hotel
18.30 – 20.00	Buffet Dinner Evening at Leisure: Sneem Hotel Entertainment

Monday 4th September - Stage 2. Sneem to Dingle

[View Stage 2](#)

Via Ring of Kerry & Skellig Ring

06.30	Breakfast Opens
07.30	The Pack departs. This is a long stage so we will depart early
08.30	The Backs depart. This is a long stage so we will depart early
Water Stop	Waterville
Lunch	Knightstown, Valentia island
Legends Only	Visit O'Neill's Allcare Pharmacy Caherciveen
Tea Stop	Castlemaine
Hotel	Dingle Skellig Hotel
18.30 – 20.00	Buffet Dinner. Evening entertainment: Dick Mack's Bar, Dingle

2017 Itinerary

Tuesday 5th September - Stage 3. Dingle to Tralee

[View Stage 3](#)

Via Sleah Head and the Dingle Peninsula

06.30	Breakfast opens
07.30	The Pack departs
08.30	The Backs depart
Water stop	Feohanagh
Lunch	O'Connors off Cloughane
Hotel	The Brandon Hotel, Tralee
18.30 - 20.00	Buffet dinner. Evening entertainment in Bailey's Corner Bar, Tralee.

Wednesday 6th September - Stage 4. Tralee to Lahinch

[View Stage 4](#)

Via Tarbert, Kilkee

07.00	Breakfast Opens
08.30	The Backs depart Kelly's Allcare Pharmacy, The Mall, Tralee
09.30	The Backs depart
13.00	'Legends Visit' Tarbert National School
Tea Stop	Ferry Crossing at Tarbert
Lunch	Kilkee
Hotel	The Lahinch Golf and Leisure Hotel, Lahinch
18.30 - 20.00	Buffet dinner. Evening entertainment in Flanagan's Bar, Lahinch.

Thursday 7th September - Stage 5. Lahinch to Galway

[View Stage 5](#)

Via Cliffs of Moher & Ballyvaughan

07.00	Breakfast Opens
08.30	The Pack departs
09.30	The Backs depart
Tea Stop	The Cliffs of Moher Interpretive Centre
Lunch	Monks Bar, Ballyvaughan
Hotel	The Radisson Blu Hotel, Galway
19.00	Legends Night Gala Dinner with special guests including Paul and David Wallace, Neil Back, Joel Stansky, Gordon D'Arcy, Eric Elwood and others. Dress code: smart casual Evening Entertainment in the Front Dorr, Latin Quarter, Galway.

2017 Itinerary

Friday 8th September - Return Transfers

Dublin	09.30am	Depart Radisson Hotel to Red Cow Hotel and Clayton Hotel, Dublin
Limerick	09.30am	Depart Radisson Hotel to Clarion Hotel, Limerick
Cork	09.30am	Depart Radisson Hotel to Rochestown Park Hotel, Rochestown Road, Cork

Saturday 9th September - Bikes Available for Collection

10am – 2pm All bikes will be returned to the venue they were collected from and will be available for collection between 10am and 12pm.
Please ensure that all bikes are collected on Saturday 9th September.

Please email sorcha@crossrugbylegends.com for further information.

[Email Sorcha](mailto:sorcha@crossrugbylegends.com)

Tour Notes

- 1. Massage therapists will be available:**
Each morning from 07.30 – 09.30
Each evening from 17.00 – 19.00
They will operate on a first-come-first-served basis.
- 2. Kit Laundry:** We will operate a kit laundry service each evening.
Kit must be tagged with your laundry labels and dropped into the laundry basket at reception before 18.00 each evening.
Your clean kit will be available for collection when you come down for breakfast each morning.
- 3. Bike Mechanic:** Our brilliant bike mechanic will be available:
Each morning from 07.30 – 09.30
Each evening from 17.00 – 19.00
Labour is free and replacement parts will be charged by our mechanic. Roadside repairs will also be available but these will be limited to puncture repairs. A support vehicle will assist with repairs and/or transfers to the next stop.
- 4. Kit Shop & Kit Collection:** We will operate a small shop for those who require additional cycling kit. All kit must be ordered prior to the tour to ensure that we have what you require. If kit is not pre-ordered, all supplies will be subject to availability and our stock will be limited. The shop will be open between 17.00 – 18.00 each day.
- 5. Luggage:** Our luggage truck will be located outside each hotel from 07.30 each morning. Luggage will be transferred to the next hotel for you to collect. Please ensure that all luggage is tagged with your luggage tags.
- 6.** Snacks, water, fruit, and energy drinks will be available free of charge every day. Just check our Supplies Van for all the tasty treats to get you over those hills!
- 7.** Finally, please note that all our support staff are volunteers. They are there to assist, to deliver a great experience for all our cyclists, and to keep us all safe. Please respect their efforts, we would not be able to keep the show on the road without them!